

# WHAT TO BRING & WHAT NOT TO BRING

## **What we have**

### **Standard bedroom**

Each bedroom contains a single bed base with mattress, desk, wardrobe/closet, bar fridge, telephone internal use, carpet, curtains, mirror, chair, towel rail, waste paper bin, mattress protector, 2 towels, 2 blankets, 2 sheets, pillow and pillow case, bed cover, fluorescent lighting, bedside lamp and seasonal heating (Autumn/winter).

Room compendium or information folder

### **Upgraded bedroom**

All of the above, plus seasonal cooling (Spring/Summer), TV and clock.

### **Kitchens**

1 large kitchen and 1 small kitchen on each floor.

Each kitchen has hotplates, microwave, toaster, hot water unit and kettle; some floors have 2 full size fridges.

### **Toilet & Shower facilities**

Are located on each floor male, female and unisex

### **Laundry**

Located on each floor, washing machine and dryer are available at a small cost. Clothes airers, iron and ironing boards are provided free of charge.

### **Study room**

Located on each floor with desk & chairs provided

### **Lounge & Dining Rooms**

Each floor has lounge and dining facilities which includes couches, table & chairs and a TV

### **Common Room – Basement**

Table Tennis table, TV & DVD unit, CD player, couches and assorted games & books

**Tennis Court** available for use on grounds

### **Communications & Vending machines**

Public telephone and vending machines located in main foyer area

## What to bring

Many of these items are of course, optional and will depend on personal preferences.

- Toiletries and toiletry tote basket
- Thongs for the bathroom
- Laundry hamper/basket & washing powder
- Drying rack for washed clothes (optional as TVIR does supply a few)
- Coat hangers
- Personal items, clothing, photos etc
- Grooming equipment
- Personal television (supplied in common areas & upgraded room), DVD player, computer, camera etc
- Cooking utensils, pots pans, crockery and cutlery
- Storage box for food items & kitchenware
- Favourite quilt, mattress topper or pillow (TVIR supplies pillows)
- Alarm clock (supplied in upgraded room)
- Power board with cut off switches-Australian standard (in case you have a number of electrical appliances)
- Power adaptor (Australian standard)
- Pedestal fan for summer (upgraded rooms have cooling)
- Bike (bike rack provided in basement)

## What not to bring

- Blow heaters, bar heaters, electric blankets
- Microwaves, toasters, kettles (these are supplied in the kitchen)
- Home brew kits, illegal substances or firearms
- Chemicals & poisons
- Pets
- Candles, incense or oil burners
- open flame devices
- double adaptors or extension cords
- electrical equipment in disrepair or too aged to pass security standards – e.g. frayed cords or bare wire or appliances that are not at Australian standards

**Things you can bring if you feel you need them but that cannot be used in your room – only in the kitchens. These items must be checked and tagged by TVIR maintenance and must not be left unattended while in use.**

- Toastie or sandwich makers, electric grill
- Rice cooker
- Blenders, food processor
- electric wok or frypan

Please note that nebulisers and other breathing equipment are medical items that you can use in your room but we would appreciate being notified that you have them onsite.

## **Car Parking – Enquire prior to arrival**

**Location – Modbury Hospital Campus**

Paid parking applies to the Modbury Hospital campus and staff and residents pay a reduced fee. Permit parking only applies.

Applications for Long term resident are available on our website. Please ensure you complete the application form and direct debit form.

A permit will be issued when applications have been processed by the Car Parking Office of the Modbury Hospital.

New Long Term residents **must see** the Car Parking Officer in person to receive their permit.

Short term residents need to contact either the car park office or TVIR reception for information in regards to fees.

Fines do apply if you park in the incorrect area.

**Please do not enter gated car park until you have organised and received a parking permit/ticket otherwise standard parking fees will apply.**